




# Allergen Advice

Please be aware, all our products are handled with the utmost care to avoid risk of cross contamination. Any products marked with the  icon means the food product does not contain any of the 14 allergens listed below, and has also not been at risk of cross contamination during manufacture or packing.

Please speak to a member of staff to get more specific allergen information on the foods you require.

## Allergens may include:

**Milk**

**Egg**

**Soya**

**Lupin**

**Sulphites**

**Nuts**

**Peanuts**

**Fish**

**Celery**

**Gluten/Wheat**

**Sesame**

**Crustaceans**

**Molluscs**

**Mustard**